

FINDING YOUR FOCUS IN OILS OR PASTELS

with Instructor Aline Ordman

WHEN:

Tuesday to Thursday
(9:30am to 4pm)
November 3, 4, 5, 2025

WHERE:

Art League Academy
(106 Cordillo Pkwy, Hilton Head Island)

OIL PAINTING SUPPLY LIST

I use Water Missible oils but traditional oils are fine if you use them. Please use odor free solvents with them like Gamblin.

Holbein Duo Water Missible Oil Paints are great as are Cobra.

I have discovered Lucas Water Soluble oils as well and they are less expensive but not nearly the same quality.

***Windsor Newton Artisan are not good at all.**

My Palette: Keep in mind that if you have a palette you like, you don't need to use my colors but make sure you have warm and cool colors and light and dark values.

1. Alizarin Crimson
2. Rose Madder
3. Ultramarine Blue
4. Cerulean or Verditer Blue or King Blue (Cobra)
5. Sap Green
6. Burnt or Raw Umber
7. Cadmium Red Hue (the hues are much cheaper)
8. Cadmium Yellow Deep Hue (which is orange)
9. Cadmium Yellow Hue
10. Cadmium Yellow Light Hue
11. Yellow Ochre
12. Jaune Brilliant
13. White

Optional Colors I love:

1. Lavender
2. Lilac
3. Horizon Blue
4. Coral

*I think Coral, Lavender, and Lilac are easy to mix, Horizon Blue is tougher.

-One Acrylic color to tone canvases. I like Raw Sienna or Venetian Rd but it's your choice.

If your brushes seem okay, use them.

*I use Rosemary Ivory brushes and I like the long filberts, size 0, size 4 or 6 and size 8 or 10, one dagger brush 34' should do it. You can order them on line at their site <http://www.rosemaryandco.com>

PASTEL PAINTING SUPPLY LIST

Most supplies can be purchased on line for reasonable prices. The larger sheets of paper can be cut into smaller sizes and I suggest working small at least in the beginning. **Suggested sites:** Art Supply Warehouse, Jerry's Artorama, Cheap Joe's, Dick Blick and Dakota Pastels

VINE CHARCOAL....just a few pieces

DRAWING BOARD

Optional:

Newsprint, Canson or some toned paper for some other inexpensive drawing paper for quick poses or sketches

PASTEL PAPER CHOICES:

The best papers are the sanded ones. Sennelier has a nice smooth tooth but if any water gets on it acts like acid; Colorfix Art Spectrum is rougher but I love it. UArt is very popular though I don't tend to use it. Pastel Premier is also nice and a lot like Colorfix. The Canson paper is not great, especially for building color but it is less expensive.

-Art Spectrum Colorfix Paper (my preferred paper)

-Any colors but white or very light. I prefer Terra Cotta, Raw Sienna, Aubergine, and other darks, you can get sample packs.

-U-Art ... I'd get a pretty fine tooth. There are different grades of tooth.

-Sennelier La Carte Sanded Pastel Card (keep in mind it cannot Accept any moisture)

Suggested colors: blue/gray, sienna, no white or pink

PASTELS:

Pastels vary a lot in softness and expense. If you are just starting out, then there are **half stick** sets available and a good way to get more colors for less money. The best ones are by Unison, and are available at Dakota Pastels (google it) but if you want to get full sets, you may find the other sources cheap-er.

A selection of some hard and soft is best. For hard and cheap pastels, Nu Pastels are good. A large set isn't too expensive and is a good addition to any set.

-Terry Ludwig....**love them! Very creamy...my favorites!**

-Art Spectrum now makes square pastels too which are a little larger than Terry Ludwig and also very soft

-Great American Artworks **love them too & very similar to Terry Ludwig**

-Unison...a great solution especially if you only get one kind.

-Schminke creamy but am preferring the Terry Ludwigs

-Ones I would avoid are Rembrandt and Windsor Newton.

-There are many others, but these are the best for me.

Any further questions, please contact me at aordman@sover.net